

# The White Way

ADDRESS SERVICE REQUESTED



*110th Anniversary: "Honoring Our Legacy—Embracing Our Future"*

Telephone: 949-1659 ~ Website: [www.moiliilihongwanji.org](http://www.moiliilihongwanji.org)



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## OHIGAN—A TIME FOR REFLECTION

By Rev. Bert Sumikawa

Ohigan is one of the few Buddhist holidays that did not originate with Shakyamuni Buddha. It arose in the Heian Period (794-1190), presumably from the time of Prince Shotoku, and is a distinctly Japanese observance.

It is the autumnal equinox when both night and day are equal in length, and the world is in balance and in comfortable harmony. In astronomy, Ohigan is the day when the sun rises directly from the East and sets directly in the West. This equinox appears again in the Spring.

What does this all mean to us as Jodo Shinshu Buddhists? It means that we should all step back and reflect on our lives, on what it means to us, to sit back and get in balance with what is about us, and how so fortunate we are to live this life, that is so rare. We should reflect on the Six Paramitas of dana, discipline, patience, effort, meditation and wisdom and consider how through these six perfections, through upaya or skillful means, Amida Buddha makes us see things as they really are and therefore able to express and realize harmony in our lives.

It is a special time for us to step back, sit in our comfortable chairs, gaze at the beautiful Koolau or Waianae mountain range, and reflect. In the world today, there is much turmoil. It seems as though we're in a cycle where we see crime proliferating throughout Hawaii and on the mainland, people causing harm to others on our college and high school campuses. Just recently, we read about the Asian fishermen who were in effect enslaved. Man's inhumanity against man is rampant. Because of the busy-ness of people here and in the rest of the world, there is actually no time for reflection.

In crossing over this wide sea of illusion and arriving at the Other Shore of Nirvana, the Six Paramitas serve as a bridge spanning this wide sea. In Mahayana Buddhism, the paramitas are very important because this is the path of the bodhisattva, to save all sentient beings first, delaying entering Nirvana until all beings are delivered.

Daily, we offer food, flowers and incense to the Buddha. In our offerings, we are reminded of the gifts that we have received and are still now receiving on a daily basis.

These Six Paramitas then, teach us the essential Buddhist way of life which we should all follow every day. Applying the Six Paramitas in our daily lives is the Jodo Shinshu way of expressing our gratitude and thanksgiving to Amida Buddha for our unconditional salvation during this time of Ohigan. Ohigan is not just about one shore, or the other shore. It is about two shores bound together by a river of compassion.

And so at this time of Ohigan, let us all reflect on the marvelously mysterious workings of the Buddha and what brings us this transformation. By accepting Amida Buddha's Primal Vow, we recite Namu Amida Butsu in grateful acceptance of unconditional benevolence.



## JODO SHINSHU FOR THE GENERATIONS

2016 Lay Association Convention

By Nancy Shimamoto

Moiliili Hongwanji was represented by ten of us who traveled to Maui for the 2016 Hawaii State Federation of Honpa Hongwanji, 53<sup>rd</sup> Annual Lay Convention, September 9-11. The event was hosted by Hongwanji temple members on Maui and held at Wailuku Hongwanji Mission.



The theme, “Jodo Shinshu for the Generations: ABCs for the XYZs,” focused on how we, the Matures/Silents (born before 1945) and Baby Boomers (born 1946-64), need to step up and change our communication of Jodo Shinshu teachings with the Gen Xers (born 1965-79), Millennials or Gen Ys (born 1980-2001), and Gen Zs (born 2002 and after). [Note: these generational clusters may vary.] The keynote speaker, workshop leaders, Millennial videos and panel participants were featured to address this year’s theme. The following are impressions, comments and reflections from those who attended the Convention.

**Alisa Kondo:** *This year’s Convention was especially interesting because I am in the Millennial Generation. With the fast growing technology nowadays, we need to teach everyone how to communicate with the younger generation by using social media and other websites that might lure them to come and join temple. Almost everyone owns a smartphone, computer, or a tablet which they use to communicate with their family, friends, businesses, or communities. If our Hongwanji temples use social media to connect with everyone, especially the younger generation, we can possibly catch the eye of someone who would be interested in joining the Hongwanji.*

**Kerry Kiyohara with Mimy:** *I was impressed with the passion of lay members to address the challenges facing the Hongwanji. I am deeply grateful for the warm hospitality and outstanding logistics of our hosts from the temples in Maui, and all the temples for providing such ono goodies to savor. I gained five pounds just by trying a bite of each.*

**Karen Kikukawa:** *Nico Fisher, the keynote speaker, presented the difference between the generations. Values and outlooks are often different for each of these generations, so attracting them as members to our temple will require different efforts. For example, Millennials are*

*driven by social connection. They gave up TV and are able to view anything online. I was impressed with Wailuku Hongwanji’s property and well-kept buildings. Check out their Facebook page.*

**Patrick Komo:** *Great experience! The weekend was a time for connecting and reconnecting with our fellow Buddhists through talk story, lots of ono food and a little drama. It was a time when the Three Treasures, for me, came alive!*

**Susan Okano:** *In spite of the challenges, such as declining membership, there is hope with the districts coming together to create visions of change.*

**Roy Masuda:** *Baby Boomers need to be aware of the differences when dealing with or being dealt with Gen Xers and Millennials. Texting is today’s land line. The food was ono and almost all prepared by the BWA ladies, i.e., oxtail soup, chow fun, deep fried nabeta, Korean chicken, venison, teri chicken, teri steak, mahimahi, Belgian waffles, apple turnovers and more. There were belly laughs galore in the social hall, hotel and car rides with fellow conventioners. Unrepeatable moments!*

**Donna Higashi:** *I greeted Saturday morning in a blur since I lost my left side eyeglass lens. I found it and had it repaired at Lens Crafters. Thank goodness because “I can see clearly now...” and renewed friendships with other lay temple members, especially the BWA members who were seen working hard everywhere.*

**Rose Nakamura:** *The Lay Convention this year was great and enjoyable. President Janet Shimada’s leadership was outstanding and the Convention was exceedingly well-organized. Moiliili Hongwanji’s Kerry Kiyohara’s workshop presentation, “Introduction to Temple Branding” was excellent!*

It is our hope that you have taken to heart and have been inspired by the array of perspectives shared by our attendees. We will continue to learn and innovate as we go forward. Here is a closing quote from Pieper Toyama, President of Honpa Hongwanji:

“Only when Jodo Shinshu becomes personally meaningful in the lives of individuals will Jodo Shinshu find its way into the next generation. As lay leaders, we have a responsibility of sharing that experience.”

### **MISSION STATEMENT:**

***Mo‘ili‘ili Hongwanji Mission is a center of Shin Buddhist spiritual growth, learning, and compassionate service to our community.***

### **VISION STATEMENT:**

***Mo‘ili‘ili Hongwanji Mission is a growing inclusive Buddhist community seeking spiritual growth, learning, and compassionate service, living our values and preserving them for future generations.***

The White Way is the newsletter of the Moiliili Hongwanji Mission, 902 University Ave., Honolulu, HI 96826. It is printed seven times a year in January, March, May, June, August, October and November. The deadline for submission is the 15th of the month prior to the issue date.

The opinions expressed by individual contributors are their own and do not necessarily reflect those of Moiliili Hongwanji Mission.

# Mark Your Calendar!

## OPEN HOUSE ON OCTOBER 8

Moiliili Hongwanji's *Open House and Bazaar* will be held on **Saturday, October 8, from 9:00 a.m.-1:00 p.m.** The objective is to open up our temple, preschool and Project Dana to the public, thereby generating more interest in our temple, and at the same time, have a temple fundraiser.

The public is encouraged to come and talk story with Rev. Bert Sumikawa and Kerry Kiyohara sensei, preschool director Wendy Harman and Cyndi Osajima from Project Dana. A tour and explanation of the altar will be featured. Project Dana will provide information and assist anyone who wishes to complete the Advance Health Care Directive. A flower arrangement display and "make and take" calligraphy are other highlights.

A rummage sale, plant sale, Quilters' crafts, Treasures, mini-craft fair, games, food items (spam musubi, mochi, shoyu chicken bento, steak plate, bake sale, shave ice, drinks, etc.), will be featured. There will be Keiki & Kupuna ID, and a fire truck on display. This year, there will also be a Book Fair with a display of wonderful children's stories and other Buddhist books that are available for ordering. There is something for young and old so everyone is welcome. Additional parking will be available at Kuhio School.

Donation of rummage items (gently used clothes, toys, books, household items), plants, etc. are greatly appreciated and should be brought to the temple by October 3.

Help is needed as follows:

Oct. 3-7	11 a.m.-3 p.m.	Rummage Sale Prep
Oct. 7	5:00 p.m.	Set-up
Oct. 8	6:00 a.m.	Food Prep
	1:00 p.m.	Clean-up

Everyone's help is appreciated. Please contact the temple office at 949-1659 if you are able to help or for further information.

## OPEN HOUSE BOOK FAIR

As part of this year's Moiliili Hongwanji Open House we will be having a Book Fair. We have available the Book Fair catalog that briefly describes the books available and their price, and the Book Fair order form to complete and submit an order if

you want to buy any of the 63 books we have listed. We will be displaying the books at the Moiliili Hongwanji Open House on October 8. If you have any questions, please email Melvin Takemoto at [mmtakemoto@hawaiiintel.net](mailto:mmtakemoto@hawaiiintel.net).



## Pumpkin Patch Activity

At Aloun Farm

On Sunday, October 23, 2016

Short service @ 8:30 a.m. at Hawaii Betsuin

Bus will leave at 9:00 a.m., \$3.00 entrance fee

Return for lunch @ 12:00 p.m.

Pumpkin carving, crafts, contest to follow

Honolulu District Dharma Schools will provide chili & hot dog. DS Families are asked to bring veggies & chips (Hawaii Betsuin), dessert (Moiliili, Jikoen). Please sign up with your Dharma School supervisor by October 16!



## BWA HOONKO SERVICE

Please join us on **Sunday, November 6, at 9:00 a.m.** for the BWA-sponsored Hoonko Service. Our special guest speaker will be Mrs. Tamayo Matsumoto, Honorary President of the Hawaii Federation of Honpa Hongwanji Buddhist Women's Associations. Let's welcome her back to Moiliili!



## Deepest Sympathy

### WITH DEEPEST SYMPATHY

Moiliili Hongwanji Mission extends its deepest sympathy and condolences to the families of the following who have recently passed away:

Kameko Muramoto, 86, on July 10

Eva Ayako Nakamura, 88, on July 15

Alvin Kiyoshi Sakata, 60, on July 24

Yuriko "Lily" Uyemura, 86, on July 29

Joy Ikuko Fujita,\* 70, on August 4

Shizue Furuta, 97, on August 13

Yoshimi Nakamura, 92, on August 15

Patsy Shinobu Koba,\* 86, on August 18

Nason Shigeo Nagatani, 67, on August 20

May the Onembutsu provide solace to family members during this time of sorrow (\*indicates Temple Sustaining Gojikai Member).





# PROJECT DANA NEWS

## Advance Health Care Directives – Planning for Your Future

Is your advance health care directive (formerly known as a living will) up to date? Do you have questions about this important document? At the Moiliili Hongwanji Open House on October 8, come by the Project Dana exhibit table and we will help you complete an advance health care directive. Forms and informational materials will be available. The advance health care directive does not have to be notarized and it applies to all ages. If your health care directive is dated before 1994, please update the document. There will be information on another form, the POLST (Provider Orders for Life Sustaining Treatment) and this form needs to be signed by a physician to be valid. The POLST form is intended for a person who has a chronic debilitating illness or is facing a life-limiting disease, such as end-stage lung or heart disease or a terminal cancer. The POLST contains medical orders indicating what medical care you want or don't want if you become unable to make the decisions yourself. The staff of Project Dana will be happy to speak with you at the Open House on October 8 on these two important documents. We look forward to seeing you there!

## Free Smoke Alarms for Seniors

Project Dana is partnering with American Red Cross-Hawaii State Chapter and the Honolulu Fire Department to announce this life saving program.

*“The Red Cross Home Fire Preparedness Campaign’s goal is to reduce home fire fatalities by installing smoke alarms, teaching residents how to test them monthly, and helping you create and practice a fire escape plan to get out of your home in 2 minutes or less.”*

On the average, 7 people die every day in a home fire in the USA. Working smoke alarms

cut the risk of dying in a home fire by 50% according to the American Red Cross

Do you have smoke alarms in your home? Are they over 10 years old? Have you tested your alarms this month or do you need new batteries? The American Red Cross of Hawaii, Honolulu Fire Department, Project Dana and other partners are working together to install free smoke alarms in the home of seniors in Hawaii. If you would like to be a part of this free program, please call the Red Cross at 739-8111, leave your name, phone number and address. You will receive a call back to schedule an appointment to install the smoke alarms. Make the call to the American Red Cross of Hawaii now!

## Project Dana Collaboration of Educational Projects

Collaboration with the National Asian Pacific Center on Aging with headquarters in Seattle, Washington has offered funding which allows Project Dana to participate in their nationally identified concern on Healthy Eating, Healthy Aging in Japanese, Vietnamese, Tagalog, Samoan, and Chuukese, for those with limited English proficiency.

Project Dana collaboration with the University of Hawaii at Manoa’s Center on Aging’s Hawaii Alzheimer’s and Dementia Initiative has initiated training for volunteers in helping seniors with memory loss, dementia, and Alzheimer’s disease. Project Dana statistics reveal the volunteers are now seeing double the numbers of seniors in this category of memory loss, especially those who live alone.

Falls in home have drastically increased in Hawaii. **Each year more than 8,000 seniors are treated in hospital emergency rooms for falls; the rate is one every hour.** Project Dana offers home safety assessments and with funding from various grants for assistive devices and life alert systems on Oahu. Call Project Dana at 945-3736 for more details.



## LOOKING AHEAD... FALL SEMINAR



Moiliili Hongwanji's Fall Seminar will be held on **Saturday, November 12, from 8:30 a.m. to 12:30 p.m.**

The topic will be "National Pearl Harbor Remembrance Day," and our guest speaker will be Dr. George Tanabe who will speak on the "75th Anniversary of Pearl Harbor." The panel of respondents will include Rev. Thomas Okano, Rev. Bert Sumikawa and retired professor Ernest Oshiro. The registration fee is \$10 (includes lunch) and is due by November 6. Please plan to attend!

## 110TH ANNIVERSARY CELEBRATION

Moiliili Hongwanji's 110th Anniversary celebration will be held on **Sunday, November 20**, beginning with our Eitaikyo (Sangha Memorial Service) at **9:00 a.m.** at the temple with Rev.



Shigenori Makino as our speaker. A group commemorative photo will be taken, and we will move to the Japanese Cultural Center of Hawaii Manoa Grand Ballroom for a delicious buffet luncheon, program, and entertainment. Please mark your calendars and be sure to mail in your reservation by November 11. The cost is \$42 for adults and \$25 for children (4-10 years old). We look forward to seeing everyone on November 20!

## AFFIRMATION RITES AT MHM

Affirmation Rites (*Kieshiki*) will be held on **Saturday, November 19, at 10:00 a.m.** conducted by Bishop Matsumoto and assisted by the Honolulu District ministers in conjunction with Moiliili Hongwanji Mission's 110<sup>th</sup> Anniversary celebration.

It is a ritual that gives the recipient an awareness that he/she is a follower of the Buddha's Teachings and a member of the Hongwanji. During the rites, each recipient will receive his/her own *homyo* (Dharma Buddhist name) from the Bishop. There is no age limitation. However, if the aspirant is below the age of 20, his/her parent or guardian will be asked to sign on the official record.

The application fee for the Affirmation Rites is \$50, payable to Moiliili Hongwanji Mission by October 31. Anyone is welcome to participate. If you wish to receive the Affirmation Rites, please

contact the office at 949-1659 for an application or for more information.

## 110TH ANNIVERSARY DONATIONS

Thank you for your generous kokua as we celebrate our 110th Anniversary. Thus far, donations and pledges total \$106,314 of which \$92,258 has been received. The following were received from **July 15 to September 15, 2016:**

### PLEDGES:

**Chrysanthemum (\$2,000-\$4,999):** Bert & Cynthia Ogasawara.

### DONATIONS:

**Peony (\$1,000-\$1,999):** Glen & June Matsumoto in memory of Yoshimichi & Toyoko Hirai, Robert & Jeanne Watari.

**Cherry Blossom (\$500-\$999):** Wendy Nakanishi, Thomas & Leatrice Sakamoto.

**Iris (\$1-\$499):** Anonymous, James Tanouye, Ernest Oshiro & Kazuko Takamatsu, Alfred & Ruth Ono.

Clip flyer and dine at CPK Ala Moana on October 26. Mahalo!

## Pizza with a purpose.

Bring in this flyer, present it to your server, and we'll donate **20%** of your check to the organization listed below. Purchases include dine in, take out, catering and all beverages.

FUNdraiser in support of:  
**MOILIILI HONGWANJI MISSION**

**October 26, 2016**

Valid at the following locations:  
California Pizza Kitchen

**Ala Moana Location**  
1450 Ala Moana Boulevard #3241  
Honolulu, Hawaii 96814  
808-941-7715

Join the **Pizza Dough™ Rewards program** on your next visit or at **cpk.com** and receive a **free Small Plate** for registering.



FUNdraiser offer valid only on the date(s) and at the CPK location identified on the flyer. Only 501c organizations and non-profits schools are eligible to participate in CPK's FUNdraiser program. CPK will donate twenty percent of food and beverage sales to the organization. Tax, gratuity, gift card and retail sales are excluded from the donation. Offer valid for dine in, take out, online, catering or curbside orders. Not valid for delivery orders. Offer void if flyer is distributed in or near restaurant. For more information about the 501c organization participating in the FUNdraiser, please contact the organization directly.



## HEADQUARTERS NEWS

**Condolences** Rev. Hiroo Kahara, former *Kaikyoshi* minister of HHMH, passed away on August 9.

Harue Furumoto of Honokaa Hongwanji passed away on July 5. Ingo Kon-Go-In.

Haruko Hoashi, wife of Rev. Shoin Hoashi, passed away on August 6. Ingo Cho-Yo-In

**Tokudo** Congratulations to Charlene Kihara (Hawaii Betsuin), Kerry Kiyohara (Moiliili), and Barbara Brennan (Hawaii Betsuin) who returned from Japan in July after completing the final steps for Tokudo Ordination.

**HHMH Minister's Lay Assistant Retreat** Anyone who is interested and recommended by their mentoring Hawaii Kyodan minister is welcome to apply to attend the HHMH Minister's Lay Assistant Retreat to be held at the Buddhist Study Center on November 4-6. A participant who successfully completes this retreat will be given a certificate of completion by the BSC which qualifies them to assist their minister in specified areas but does not obligate or entitle them to do so. Upon request of the mentoring minister, the Bishop can designate a certificate recipient as a Certified Minister's Lay Assistant (CMLA) who can provide volunteer assistance under the supervision of the temple minister working within the guidelines specified in the document *Shin Buddhist Ministry in Hawaii*. The registration fee is \$50.

**PBA Lighting Our Way Banquet** Dr. Mary Bitterman, Craig "Bo" Kahui, the Honpa Hongwanji Mission of Hawaii Ministers Association, and the HHMH Ministers Spouses Association will be honored by the Pacific Buddhist Academy on November 18 at its annual "Lighting Our Way" Banquet at the Waialae Country Club. For more information, please contact Rudiger Ruckmann at 532-2649 or [rudiger.ruckmann@pbahi.org](mailto:rudiger.ruckmann@pbahi.org).

**Kumamoto Earthquake Relief Fund Drive** The Social Concerns Committee thanks temple members and friends for their generous donations for the Kumamoto Earthquake Relief Fund drive. A total of \$46,403.50 was collected of which \$25,000 went to Honzan for relief efforts to damaged Hongwanji temples and members impacted by the earthquake. The remaining balance was delivered to the Consulate

General of Japan in Honolulu who will send the funds to the Government of Japan to be used for Kumamoto earthquake relief efforts.

## SOCIAL CONCERNS FUND DRIVE

We celebrate gratitude in the month of November. The Thanksgiving holiday and the Eitaikyo observance are reminders of the countless blessings in our lives and how we live deeply connected to the world around us. It is in this spirit of gratitude that we begin our Annual Social Concerns Fund Drive.

Through the generous contributions of Sangha members, the Honpa Hongwanji Mission of Hawaii is able to support worthy organizations and programs with funding to continue their work in our community. Your support also allows us to provide compassionate action during times of disaster and the ability to respond to social issues affecting our community.

Because of your commitment to promoting the Buddhist values of compassion and loving kindness, we are able to lend our support to such organizations as Project Dana, The Interfaith Alliance Hawaii, Samaritan Counseling Center Hawaii, Family Promise of Hawaii and the various food banks on each island. We also held a separate fund drive to raise over \$44,000 to help support relief efforts in the aftermath of the devastating earthquake in Kumamoto, Japan.

The Golden Chain Grant program was established to promote compassionate action through innovative community service projects. Your generosity directly helps those in need and promotes a more humane world.

Envelopes have been provided to temples wishing to use them. If your temple did not request envelopes but would like to use them, please feel free to ask as there are extra envelopes available in limited supply. Please make all checks payable to **YOUR TEMPLE**. Your temple treasurer will then make one combined check to the Honpa Hongwanji Mission of Hawaii. The suggested donation is the cost of just one meal per person.

Your kokua is greatly appreciated. Please encourage your members to continue supporting the Annual Social Concerns Fund Drive. Mahalo!

Eric T. Matsumoto, Bishop  
Dean Sakamoto, Chair, Committee  
on Social Concerns

[*Moiliili members will be receiving a mailing.*]

"Headquarters Update" may be found in its entirety on the Headquarters website [www.hongwanjihawaii.com](http://www.hongwanjihawaii.com). Be sure to visit the beautiful updated website.

## FAMILY PROMISE AT MHM

Moiliili Hongwanji will host the 4th Quarter hosting for Family Promise on **November 6-13** at the MHM annex. Coordinators for our temple are Cheryl Yasunaga and Rona Fukumoto. Help is needed on Setup Day (November 6) and Take Down Day (November 13), prepping for dinner and breakfast meals, and sleepover volunteers.



## TEMPLE FUNDRAISER MAHALO

Thank you to members and friends for your generous support of our annual temple fundraiser of chicken, sushi, and Zippy's tickets! A big mahalo goes to chair Ann Nakata and all who pitched in to help with the chicken and sushi pickup, and takuan and butter mochi sale on August 28. A special thank you is extended to Jerry Tamamoto of Hawaii Betsuin who picked up the chicken for us and the Honolulu United Jr. YBA and BSC Fellowship Club members for their help.

This year the vendor fell behind schedule in the chicken cooking and a number of people had to come back later to pick up their chicken. A sincere apology is extended for the inconvenience.

## TEMPLE PICNIC ENJOYED BY ALL!

The Moiliili Hongwanji Mission Temple and Preschool picnic on August 14 was truly a memorable event. We were delighted so many of our preschool families could join us. Of the 95 people who came, 32 were from our preschool. The picnic also included our Mahalo guests--non-members who had volunteered their time to our Bon Dance. Kerry Kiyohara Sensei opened the festivities with a service followed by a welcome from our Kyodan president Nancy Shimamoto. The variety of games with a galore of prizes brought much excitement, laughter, and lots of good fun. We feasted on an array of scrumptious grilled and potluck dishes. It was such a beautiful and relaxing day at the beach.



We have many individuals to thank for making this picnic possible. Retired military officer Wes Henry reserved the Bellows pavilion and served as

our sponsor. Ann Nakata organized the potluck and was assisted by the cooks, Roy Masuda, Raymond Takiue, Hudson Fukuki, and Helen Hamasu, who grilled the barbecue sticks, hot dogs, and chicken. Jeanne Watari, Karen Kikukawa, Ruth Takemoto, Cynthia Ogasawara, and Wendy Harman energized the picnic-goers with clever games, and Lily Masuda coordinated the creative musubi contest. Finally, a big mahalo to all who came and joined in this joyous fellowship.

In Gassho,  
Co-chairs Wendy Harman  
& Susan Okano

A Note on the Musubi Contest: The Musubi Contest participants put their creativity to the test. Ann Nakata's prize Volcano Musubi, a huge musubi mountain with hot red lava (minced Fukujinzuke) flowing. She used a funnel with saran wrap to form the cone of rice. Such creativity! Helen Hamasu's Boo Boo Musubi was surely not a boo boo. It had Korean seaweed for the hair, thinly sliced carrot for the smiling mouth, and smoked sausage for the red nose. Napa Roer's Papaya Kim Chee Spam Musubi drew many raves. The musubis were happily consumed after the judges put in their votes. Judges were Nancy Shimamoto, Kerry Kiyohara sensei, and Rev. Thomas Okano. Thank you for participating.



## DHARMACHAKRA FESTIVAL

The annual Dharmachakra Festival sponsored by the Hawaii Association of International Buddhists will be held on **Saturday, October 22**, from **9:30 a.m. to 1:30 p.m.** at the Honolulu Myohoji Mission, 2003 Nuuanu Ave. Everyone is invited. Vegetarian lunch (donation of \$10). "Unity and Diversity"—speakers, music, chanting. Annual meeting to be included.

## DR. ALBERT MIYASATO MEMORIAL DHARMA SESSION 2016

Speaker: Rev. Ronald Kobata  
Topic: Temple Traditions in Transition  
When: **Saturday, November 19**  
**8:00 a.m. to 1:00 p.m.**

Where: Jikoen Hongwanji, 173 N. School St.

Registration: \$12 per person due by November 11

Contact Rev. Shindo Nishiyama 845-3422 for more information. Everyone is invited.





## Buddhist Women's Association



We are very saddened by the recent loss of members, Joy Fujita and Haruko Hoashi. One might hear, "still young" or "much too young", but the reality reminds us of the preciousness of each and every day and the transiency of life. Both are now embraced in "Buddha's Great Light". This gatha written by Mililani's Carrie Kawamoto came to have a very deep and touching meaning for me as I experienced the process of death and dying with Joy.

*"In times of difficulty, I say namo amida butsu.*

*Doing my best with a calm heart, thankful for my life as it's given.*

*In times of gratitude, I say namo amida butsu.*

*Doing good no matter how small, reaching out with a warm heart.*

*Always in embrace of Buddha's Great Light...of wisdom and compassion. "*

**August 12<sup>th</sup>:** Moiliili hosted the Honolulu United's gathering to welcome two Japan Exchange students, Hinano Nishihata and Mami Takayanagi. The two twenty-year-olds had a whirlwind experience with BWA hosts on Oahu and Maui. Thank you to Ethel Shintaku and Ann Nakata for actively coordinating activities for the girls and to Midori Kiso for opening her condo for a two-night homestay. This exchange has been occurring every year since 1971 with young Buddhist women from Japan and Hawaii alternating visitations to learn more about Jodo Shinshu women's groups in both places. I'm sure all the girls who have ever participated in this program are in awe of the deep roots of Jodo Shinshu practioners in Hawaii as well as Japan.

**October 15<sup>th</sup>:** Honolulu United will gather for our yearly Membership and Education Joint Conference at Hawaii Betsuin. This year's theme: "Reach Out – Make Connections!" will offer all of us an opportunity to meet and learn more about Muslims and their faith. There will be a panel sharing

Honolulu United BWA get-together for two exchange students from Japan on August 12.



personal perspectives about being Muslim in Hawaii, the role of women in Islam and sharing their beliefs and practices. Please SIGN UP to go and BRING A FRIEND! There will also be tea tasting and simple craft activities between our guests and ourselves. It will be a wonderful learning experience for all!

Next general meeting: **Sunday, November 6<sup>th</sup>** after the BWA-hosted Hoonko service. Speaker will be Tamayo Matsumoto. We will also hold the election and installation of officers for 2017.

With hands in gassho,  
Lois Ohta



### HAPPY STRUMMERS NEWS

The second visitation to 15 Craigside by the Moiliili Hongwanji Happy Strummers was on September 2. It was held with Kerry Kiyohara Sensei leading us. The Strummers who participated were Helen and Edgar Hamasu, Rose Nakamura, Ann Nakata, Betsy Nishioka and Michi Motooka. We missed Midori Kiso, Shirley Renard and Ethel Shintaku for the outing. A regular morning service was conducted by Kerry Sensei. "When We See the Golden Sun", the beautiful gatha brought about nostalgic moments for members, especially to Rev. and Mrs. Arthur Marutani who are now residing there.

The Happy Strummers are pleased to be able to play at the 110th Moiliili Hongwanji anniversary party in November.

Speaking of events, the Happy Strummers Ukulele Club is celebrating its 26th year of strumming together. Come and join us at our Sunday morning sessions and be ready for the next event.









Contributed by Michiko Motooka



# October 2016

2016 Slogan: "Embrace Change:  
New Vision (Create Engagement)"

Temple.....949-1659  
Preschool.....946-4416  
Project Dana.....945-3736

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<b>1</b>
<b>2</b> 9:00 AM - Sunday Service (Monthly Remembrance Service) Speaker: Rev. Sumikawa 11:00 AM - "Mindful Parenting" at Betsuin	<b>3</b> 5:15 PM - Zumba Class (Canceled)	<b>4</b> 9:00 AM - Adult Fitness & Falling Safety Class 9:10 AM - Preschool Keiki Service 6:30 PM - Meditation Serv.	<b>5</b> 10:00 AM - Japanese Grief Support Group 6:30 PM - Temple Board Meeting 7:00 PM - Boxing/Fitness Class - Canceled	<b>6</b> 9:30 AM - Ikebana 10:00 AM - Plaza Service 5:30 PM - Zumba - Canceled	<b>7</b> 11:00 AM - Craigside Service 1:00 PM - Conversational Japanese Class (Canceled)	<b>8</b> 9 AM - 1 PM - OPEN HOUSE & BAZAAR 
<b>9</b> 9:00 AM - Sunday Service Lay Convention Panel	<b>10</b> Discover's Day <i>Preschool Closed</i> 	<b>11</b> 9:00 AM - Adult Fitness & Falling Safety Class 9:10 AM - Preschool Keiki Service 6:30 PM - Meditation Serv. (Canceled)	<b>12</b> 10:00 AM - Japanese Dharma Class 7:00 PM - Boxing/Fitness Class	<b>13</b> 9:30 AM - Ikebana 10:00 AM - Franciscan Visitation 10:15 AM - Oahu Care 5:30 PM - Zumba	<b>14</b> 1:00 PM - Conversational Japanese Class Visitation	<b>15</b> 8:00 AM - HUUHBWA General Mtg./Education Workshop at Betsuin
<b>16</b> 9:00 AM - Sunday Service Speaker: Rev. T. Okano	<b>17</b> 5:15 PM - Zumba Class	<b>18</b> 9:00 AM - Adult Fitness & Falling Safety Class 9:10 AM - Preschool Keiki Service 11:00 AM - Arcadia Resi- dence 6:30 PM - Meditation Serv.	<b>19</b>  7:00 PM - Boxing/Fitness Class	<b>20</b> 9:00 AM - Honolulu Kyogakkai Meeting 9:30 AM - Ikebana 5:30 PM - Zumba	<b>21</b> 1:00 PM - Conversational Japanese Class	<b>22</b>
<b>23</b> 8:30 AM - Pumpkin Patch Activity at Betsuin 9 AM - Sun. Svc. Spk: Kerry Sensei	<b>24</b> 5:15 PM - Zumba Class 5:15 PM - Zumba Class <i>Happy Halloween 31</i>	<b>25</b> 9:00 AM - Adult Fitness & Falling Safety Class 9:10 AM - Preschool Keiki Service 10:30 AM - Hawaii Kai Visitation 6:30 PM - Meditation Serv	<b>26</b> CPK Fundraiser 9:00 AM - Oteire 10:00 AM - Japanese Dharma Class 7:00 PM - Boxing/Fitness Class	<b>27</b> 9:30 AM - Ikebana 5:30 PM - Zumba	<b>28</b> 10:00 AM - Maunalani Visitation 1:00 PM - Conversational Japanese Class 2:00 PM - Arcadia Visita- tion	<b>29</b> 



## In Appreciation



Mahalo for your generous donations received during the period **July 16 to September 16, 2016**

### DONATIONS TO TEMPLE:

Anonymous for Centennial Plaque, Rowena Adachi *in memory of Tome Fujioka*, Doris Aoyama, Ralph & Gladys Fukumitsu, Thomas Funamoto, Mari Hoashi *in memory of Haruko Hoashi*, Sue Ide, Janet Ikei *in memory of Richard, Bertha, Daisy & Bert Okawa*, Alice & Jiroku Imada, Joan Kameoka, Kerry & Mimy Kiyohara *70th year in memory of Suyekichi Nakawatase*, Kerry & Mimy Kiyohara *in memory of Akira Kajikawa*, Fusae Kiyokawa, Suyeko Koyanagi *in memory of Charles Koyanagi*, Wilbert & Marilyn Kubota, Susan Kuioka, June Kukino *33rd year in memory of Tsutomu Kukino*, Eugene Makino, Janet Matsumoto, Patsy or Hiroshi Matsuo *in memory of Milton Yamasaki*, Roy & Leiko Murakami, Machiko Nekotani *in memory of David Nekotani*, Dwight & Lyn Nishida, Wallace Ohta, Patsy Petersen *in memory of Derrah Lynn Yashiki*, Mabel Saruwatari *in memory of Tameichi Tanaka & Family*, Melvin & Ruth Takemoto *in memory of Janet Ogasawara*, Vern & Winifred Tanaka *in memory of Caroline Fujinaka*, Jane Tom, Betty Tsukiyama, Atsushi & Ruth Yashiki.

### DONATIONS TO NOKOTSUDO:

Bert & Hazel Maedo *in memory of Usa Maedo*, Saeko Miyazaki, Betty Morimoto & Harriet Tojo *in memory of Yoshie Mogami*, Albert & Jane Yazaki *in memory of Rose Nakano*.

### DONATIONS TO PROJECT DANA:

**Organizations:** National Asian Pacific Center on Aging, James Haruji Tamura and Fumiko Tamura Foundation, UH Center on Aging.

**Others:** C. Arakaki, M. Bitterman *in memory of Alvin Sakata*, A. Ching, S. Hiramatsu, N. Inuma, H. Ito, S. Kwon, C. Luke-Knotts, A. Meade, M. Miyasato-Crawford, M. Motooka, S. Najita, P. Nakamura, L. Nishida, M. Samson, C. & R. Tokumaru, G. Tsugawa, P. Yoseda.

**Caregivers Support:** S. Miyamoto.

### DONATIONS TO CHICKEN FUNDRAISER:

*(Thank you for your extra donations to the Chicken Sale)*  
Elaine & Roy Ashimine, Corrinna Avilla, James & Jennie Fujii, Mari Fukuya, George & Joann Furukawa, Karen Goto, George & Marian Gramley, Wesley Henry & Christine Jordan, Masaji & Judy Hirashima, Brandon Hiromoto, Robert Imaino, Yuka Ishida, Joy & Wayne Ishihara, Japan Memorial Corporation, Kenney Kajioka, Peter Kanazawa, Ronald & Lillian Kaneshiro, Ronald & Kay Kawaguchi, Stanley & Carol Kawaguchi, Juliet Lee, Alfred & Marlene Makino, Nobuko Maruyama, Daniel &

Isabelle Matsumoto, Raymond & Violet Mimaki, Suzie Morikawa, Charlotte Morikuni, Haruo & Sumiko Moriwaki, Fusaye Muramaru, Michael & Lynette Nagata, Richard & Karen Nakamoto, Alvin & Hyo Jung Nakamura, Nguyen, Lynda Nishihara, Ethel Aiko Oda, Joel Okazaki, Nora Okazaki, Brian & Michelle Olivares, Alfred & Ruth Ono, Laura Ruby, Reid & Lorelei Saito, Leighton & Sharynne Sakamoto, Kiyoko Sato, Mary Jo & Howard Segawa, Kiyoshi Shigefuji, Roy & Nancy Shimamoto, Teresa Shimamoto, Lillian Shiraki, Thomas Sugahara, Robert Sumida, Io Tagai, Raymond & Susan Takiue, Sumie Tanaka, Mavis Tasaka, Duane & Cori Uwaine, Rodney & Kim Uyehara, Gary Watanabe, Tommie Yamamoto, Alan Yokota, Howard & Marjorie Yuen.

### ADDITIONAL OBON DONATIONS:

Chiyono Ebisu, Glenn & Lillian Fujihara *in memory of Motohachi Matsumoto & Hisami Yoshimoto*, Jean Fukumoto, Wally Fukunaga, Michie Hamao, Gwen Ito, Stanley & Carol Kawaguchi for nokotsudo, Mildred Mawae, Family of Edwin Ogasawara, Mabel Saruwatari *in memory of Tameichi Tanaka & Family*, Kenneth & Jean Sato, Tatsuki & Sachiko Shiramizu, George & Sumie Sonoda, Sumie Tanaka, Vern & Winifred Tanaka *in memory of Susumu Fujinaka*.

Moiliili Hongwanji is most grateful for your generous donations. If you would like to have a receipt for your donation, please call the temple office at 949-1659. Ofuse for funerals, memorial services, and other services are not listed. If you prefer that your name not be listed, please include a note and we will list it as "anonymous."



### WHITE WAY RADIO BROADCAST

Please tune in to Radio KZOO (1210AM dial) for Moiliili Hongwanji's White Way Radio Broadcast each **Saturday from 7:45-8:00 a.m.** Here is the upcoming schedule with speaker's name followed by sponsor's name:

- 10/1 Ms. Jamie Itokazu (Miyasaki Family)
- 10/8 Rev. Shingo Furusawa (Shigefuji & Matsumoto Families)
- 10/15 Dr. Jay Sakashita (Edith Noriko Horii)
- 10/22 Rev. Tomo Hojo (Chris Kanazawa)
- 10/29 Rev. Daido Baba (MHBWA)
- 11/5 Rev. Shinkai Murakami (Thelma Ando)

Mahalo to our speakers, our sponsors and our volunteer staff for making this broadcast possible. Past broadcasts can be heard on our website [www.moiliilihongwanji.org](http://www.moiliilihongwanji.org).



## HEALTH & WELLNESS

The September - October issue of Arthritis Today contained an eye-catching article entitled, **Beware the "See Food" Diet, visual cues may be leading you to overeat.**



The author-researcher, Mary Dunkin, stated that "What we see around us has a lot to do with why we overeat." She suggests the following actions:

1. Move snacks and candies out of sight and out of easy reach. A study found that we tend to eat twice as many candies from a clear dish than an opaque dish.

2. Read the nutrition label to find out what a serving is and what's in it, instead of being fooled by the pictures.

3. Use a tall glass for high-calorie drinks. In several studies involving short and tall glasses, adults poured 28 percent more into short, wide glasses than tall ones.

4. Tidy up your kitchen. Recent research found women ate twice as many cookies in a cluttered kitchen as in a tidy one. Researchers believe the chaotic environment caused stress, leading a person to eat more.

Contributed by Helen Hamasu



October is the beginning of an exciting month with fun-filled activities. October 3-7 is Fire Prevention Week. Fire safety will be the topic of discussion along with crafts.

Parent/Teacher Conferences will be held throughout the month of October.

The Temple-Preschool Open House falls on October 8. There will be a bake sale by the preschool. Temple members will be selling food items, crafts, rummage sale to name a few. A pleasant way to spend the morning.

Professional Improvement Day for staff will be on October 10. The preschool will be closed.

On October 14 we will be going to Aloun Farms for our annual visit to the pumpkin patch. The children look forward to the hay ride and picking their own pumpkins. Parental help is welcomed!

The staff will be at the HAEYC Conference on

October 15 at the Convention Center, attending a full day of classes.

The most anticipated event is on October 31. Halloween!!! Halloween games, a haunted house, and other activities are planning throughout the morning. Then the children will dress in their costumes for our Costume Show and Halloween Parade. Preschool families may also dress in costume.

Cute scarecrows and colorful turkey crafts will adorn the classroom as we head into November. The preschool will be closed on November 11 in observance of Veteran's Day

Thanksgiving Break will be on November 24 and November 25. The preschool will be closed on those days. Happy Thanksgiving.

Contributed by Linda Nagata

## FROM THE PRESCHOOL DIRECTOR

Hi Everyone,

We said a fond farewell to Mrs. Joy Menor on Friday, September 23, 2016. Ms. Joy was the teacher for our precious 2.5-year-olds for the last 27 years. She will be relocating to Seattle, Washington to fulfill her dream of spending time with her six grandchildren. We wish her and husband Bobby much luck and happiness.



We would like to extend a warm welcome to our new Moiliili Hongwanji Preschool teacher, Ms. Allison Caban. Ms. Allison was born and raised in Wahiawa and is the mother of a six-year-old daughter. She has a Bachelor of Arts Degree in English from Missouri Valley College. She has taught preschool and elementary school on the mainland. We look forward to the new ideas and exciting experiences that Ms. Allison brings to our school.

In Gassho,  
Wendy Harman

### Moiliili Hongwanji Preschool Accepting Enrollment

Children 2.5 to 5 years of age  
Weekdays 7:00 a.m. to 5:15 p.m.  
Wendy Harman, Preschool Director  
Tel: 946-4416 Cell 630-4963  
email: mhps902@gmail.com  
www.moiliilihongwanjipreschool.com





2016 Temple Annual Picnic at Bellows



Volunteer Appreciation Luncheon at Maunalani Nursing Center



Rev. Kevin Kuniyuki



Bon dancers at Manoa Cottage Care Home



Moiiliili members at the 53rd State Lay Convention in Maui