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March 3, 2020

Dear Mo ili ili Hongwanji Members and Friends,

Like most of you, Mo ili ili Hongwanji has been closely monitoring the news of the new coronavirus (also known as COVID-19) spreading in the U.S. and around the world. The well-being of our members, friends, and the community is a priority for us.

No confirmed cases of coronavirus have been reported in Hawai i, but not enough is known about the virus and how it is spread. We urge everyone to <u>take precautions</u>. Attached are guidelines from the federal Centers for Disease Control (CDC) about how to protect yourself. Elderly people and those with preexisting medical conditions may be more at risk if exposed.

If Sunday services and other temple activities need to be canceled or postponed due to advisories from CDC, we will keep you informed. KZOO radio, our website, and social media are all channels we can use to continue sharing the dharma in the event that services must be cancelled. We will use the best available information and advisories when considering upcoming events on our temple campus.

Any virus-related advisories to our temple community will be posted prominently on our website, (moiliilihongwanji.org) and our Facebook page (www.facebook.com/Moiliili Hongwanji/).

May we reflect upon the truths of interconnectedness and interdependence. May the Wisdom and Compassion of Amida Buddha guide us as we respond mindfully to evolving conditions related to the new coronavirus (COVID-19). Mahalo for your attention.

In Gassho,

Rev. Toshiyuki Umitani, Resident Minister Raymond Takiue, President

Guidelines from the federal Centers for Disease Control (CDC) about how to prevent coronavirus disease 2019 (COVID-19)

There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19). The best way to prevent illness is to avoid being exposed to this virus. However, as a reminder, CDC always recommends everyday preventive actions to help prevent the spread of respiratory diseases, including:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Follow CDC's recommendations for using a facemask.
 - CDC does not recommend that people who are well wear a facemask to protect themselves from respiratory diseases, including COVID-19.
 - Facemasks should be used by people who show symptoms of COVID-19 to help prevent the spread of the disease to others.
 The use of facemasks is also crucial for *health workers* and people who are taking care of someone in close settings (at home or in a health care facility).
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
 - If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.

These are everyday habits that can help prevent the spread of several viruses.

Source: https://www.cdc.gov/coronavirus/2019-ncov/about/prevention-treatment.html (Retrieved: March 4th, 2020)