



# Honpa Hongwanji Mission of Hawaii

## Hawaii District Ministers Association

ONLINE  
2021 BUDDHIST EDUCATION SERIES

# *"Embracing our Shadow: Shin Buddhist Wisdom for When Life Gets Difficult"*

**Saturday, October 9, 10 a.m.-11:30 a.m.,**

GUEST LECTURER:

**REV. BLAYNE HIGA**

Kona Hongwanji Buddhist Temple



*-We often believe happiness occurs when we escape pain and suffering. However, only by embracing the shadowy parts of our lives and moving towards uncomfortable situations can we discover wholeness and healing. Shin Buddhism offers a practical path of radical happiness and hope for when life gets difficult. -*

**Open to public / Free**

Any Questions?

[hawaii.kyogakkai@gmail.com](mailto:hawaii.kyogakkai@gmail.com)

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