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# **Sharing Your Nembutsu Moments**

What is your WOW moment? Write one paragraph or up to 500 words about a WOW Nembutsu Moment. It can be related to Interdependence, Karma (cause & effect), Golden Chain of Love, Wisdom & Compassion, Gratitude (arigatai) Dana (self-less giving), Impermanence, etc.

Please share your experiences by August 31, 2024. See attached flyer.

newsletter for everyone to be aware of and appreciate each other's Nembutsu The Nembutsu Moments will be shared in the Ka Leo Kahea Hongwanji

Moments.



# The White Way

Mo'ili'ili Hongwanji is the center of Shin Buddhist spiritual growth, learning, and compassionate service to our Community.

Temple Office: (808) 949-1659 <a href="mhm@moiliilihongwanji.org">mhm@moiliilihongwanji.org</a> <a href="www.moiliilihongwanji.org">www.moiliilihongwanji.org</a> <a href="www.moiliilihongwanji.org">



# Living In Namo Amida Butsu Reflection on Obon

Summer is finally here, and it signals the start of the Obon Season. As I was making my rounds greeting and welcoming people to the Ewa Hongwanji Bon Dance, I was interviewed by an independent film maker, who is currently doing a movie on Obon.

He asked me my thoughts about how I feel about Bon and the Bon Dance. I thought for a while and started to reminisce about Bon Dances gone by. The smell of *andagi*, hot dogs and shaved ice, and of course that ever elusive ball toss game to win a fish. My how times have changed, and I still don't have my fish......

As I get on in age, I think of all the people that have been of influence on me that have passed away. They have all become one with *Namo Amida Butsu*, the driving force behind appreciation and gratitude that is at the root of my very being.

Though they are gone, they are still very well alive in me. Often I joke, "If I succeed, it's their fault, and if I fail, it's their fault too!" Think about that for a while. The term "Okage sama de" instills that I receive something in which many times the source and origin is unknown. You may ask, "But I received something from 'such and such'!" But the question is "why did you receive it?"

It is through our connection to the entrusting heart of Amida Buddha, that we are able to answer the "why?" We are able to see the connection of who we are, because of all that we

are surrounded by. Many times, the ego self doesn't allow us to see that connection. Take a look at your hands. It's not our hands, it's the hands of those that came before us that defines WHO we are, WHAT we are, and WHERE we come from.

All of us live in that Spirit of *Namo Amida Butsu* because of all the words, thoughts, and deeds that were passed on to us, not only by the people who have gone before us, but by those who are still here. All those who have gone before us are Buddhas now, still embracing us, still guiding us. It is through that, that we dance with joy and appreciation each year at Obon.

So as we partake of the festivities, don't forget to look at your hands, put them together in gassho, and thank them. Also take a little moment to look up in to the night sky and lift up your appreciation and gratitude to the stars, as if they were the guiding eyes of those who have gone before us.

Rev. David Fujimoto

# Study Class: "Essays on Shinjin"

Rev. Rikisho Kuriyama and Rev. Dr. Taitetsu Unno wrote essays that attempted to explain *Jōdo Shinshū* terminology in everyday, easy to understand language. Through reading and conversation, join Rev. David Fujimoto as we take a look at these writings and gain further knowledge of the Teachings.

Sessions will run September 9, 16, and 23 from 6-7:30pm in the *hondō*. Please sign up in the office or email Rev. David at <a href="mailto:dfujimoto@honpahi.org">dfujimoto@honpahi.org</a> for more information and to get a copy of the essays.



### **BOARD OF DIRECTORS REPORT**

by Joanne Kealoha, President July 2024

# Mahalo to the Kie Family!

Rev. Soshin and Mrs. Akiko Kie devoted their entire lives to the teachings of Shinran Shonin and the propagation of Jodo Shinshu. As they helped to spread the Dharma in Japan, Hawaii, and Okinawa, Rev. and Mrs. Kie became examples of true Nembutsu followers for so many others to emulate. Rev. and Mrs. Kie were exemplary in many ways. Rev. Kie came from a farming family in Hyogo-ken, Japan, taught elementary school, and was in the Japanese Navy in World War II. The suffering he witnessed and experienced during the war led him to become a Buddhist minister. He graduated from Ryukoku University and married Akiko Kishi, daughter of Rev. Hiroyuki and Tomeko Kishi of Gekkuji Temple in Yamaguchi-ken, Japan. Rev. Kie served Honpa Hongwanji Mission of Hawaii from 1951 to 1969 and was assigned to temples at Papaaloa on the Big Island and Waipahu, Ewa, and Waianae on Oahu. Rev. and Mrs. Kie returned to Japan in 1969 to continue their Jodo Shinshu ministry for another 33 years and were instrumental in establishing Jodo Shinshu temples throughout Okinawa.

Mrs. Kie was an active partner in her husband's work. In Hawaii, she taught Japanese language school and as bomori, worked as an unpaid office manager at the temples the Kies were assigned to. She played the organ at Sunday services and shared her love of music with temple members. I personally knew Mrs. Kie as a quiet, unassuming woman, who attended Sunday service at Moiliili in her wheelchair and was lovingly cared for by her daughters, Lily and Emma. Her petite frame belied the Jodo Shinshu giant she was.

In 2002, Rev. and Mrs. Kie retired and returned to Hawaii where two of their daughters, Lily and Emma, live. Another daughter, Ayumi, lives in California. A fourth daughter, Jean, tragically passed away at the age of four in a traffic accident when the family lived in Papaaloa.

The wartime experience, the loss of their daughter, and their ministry in U.S. occupied Okinawa all led them to a deep and profound encounter with the Wisdom and Compassion of Amida Buddha.

Rev. and Mrs. Kie lived very frugally throughout their lives. They established a living trust that generously bequeathed a commercial property in Kalihi jointly to Honpa Hongwanji Mission of Hawaii (HHMH), Pacific Buddhist Academy (PBA), and Moiliili Hongwanji Mission (MHM). The property was conveyed on May 17, 2024 and the three joint owners have decided to sell and use the proceeds to accomplish the goals for use of the funds suggested by the Kie family. For MHM, the funds will be kept in a separate account to be used for a music program at Moiliili and for future capital expenditure to grow and sustain the temple.

Words cannot adequately describe our amazement and overwhelming gratitude to Rev. and Mrs. Kie for their generosity. Their very special gift will serve as a **legacy to a remarkable and dedicated Jodo Shinshu couple.** 

# **Moiliili Summer Fest and Bon Dance**

It's bon dance season again! The Moiliili Summer Fest (MSF) and Bon Dance will be held at the old Varsity Theater site on Saturday, **July 6**, with a "Sneak Peek" the day before on Friday, **July 5**. We expect a huge crowd again to enjoy dancing around the yagura, eating food from the temple concession and several food trucks, purchasing items from retail merchants (including the temple's), learning more about Buddhism at the Moiliili Hongwanji tent, and just having a good time at this wonderful summertime event!

An activity this large requires many hands to make it happen. If you haven't signed up to volunteer yet, please **call the temple office at 808-949-1659 to see where you can help**. The MSF/Bon Dance committees, chaired by Ryne Masuda, have been hard at work for months to make this year's event both memorable and enjoyable. Let's dance!

# **Temple Picnic at Hoomaluhia**

Mark your calendars for a temple picnic at Hoomaluhia Garden on **August 4**! Not only will this temple picnic offer a good opportunity to gather outdoors with other temple members, but we will be joined by the sangha of Windward Buddhist Temple, our sister temple in Kailua. We'll need help with food, activities, transportation—we welcome your ideas and help!

# **Bon Dances throughout the State**

From Moiliili to Waianae, Hongwanji temples on Oahu are gearing up to host bon dances that will be fun (and good exercise) for the whole family! Ewa, Hawaiii Betsuin, and Wahiawa have already held their bon dances—some MHM members even volunteered at the bon dance at Ewa Hongwanji where Rev. Fujimoto is the overseeing minister—but there are many more to enjoy. Here's the schedule:

July 13: Windward Buddhist Temple (Kailua)

Waipahu Hongwanji

July 20: Jikoen Hongwanji

Waianae Hongwanji

August 10: Pearl City Hongwanji August 16-17: Mililani Hongwanji August 24: Aiea Hongwanji

# **Triple Celebration and Lay Convention**

This year's **Triple Celebration** on **September 7-8** will draw hundreds of Hongwanji members to Ala Moana Hotel to celebrate the 850<sup>th</sup> anniversary of Shinran's birth, the 800<sup>th</sup> anniversary of the founding of Jodo Shinshu, and the 135th anniversary of the establishment of Honpa Hongwanji in Hawaii. (The MHM Board of Directors authorized a partial subsidy to help members with the \$250 registration fee.)

Immediately following the Triple Celebration, the **annual Lay Convention** will be held at Hawaii Betsuin on **September 8** to formalize the transition of the Federation of Lay Associations into a single Statewide Lay Association and to hear from a panel of speakers (George Tanabe, Jon Matsuoka, and Miki Tomita-Okamoto) on "A Future with Aloha: Engagement, Diversity and Relationships." Registration fees for this abbreviated lay convention are \$30 to attend in person and \$15 to attend on Zoom. Please **call the temple office at 808-949-1659 to register**.

# WORLD BWA WOMEN'S CONVENTION IN 2027



Plans are being formulated for the 18th WBWC on September 11-12, 2027 at the Hawaii Convention

Center, hosted by the Hawaii Federations of BWAs. There are five World districts, (Japan, South America, BCA, Canada and Hawaii), that host every four years. The selected theme this time is "Live Peace, Live Aloha, Live as One in the Nembutsu"

We need your ideas and women power, so please lend a hand to any one of the committees: Workshops, Religious services, Registration, Aloha, Booklets, Entertainment, Publicity, etc. See your United BWA president for more details.

A convention souvenir bag is given to each of the 2,000 - 3,000 delegates. (See photo). Here are some of them shown by MH BWA members. Anne (Hawaii 2006), Nancy (Japan 2011), Donna (Calgary, Canada, 2015), Susan (SF, BCA 2019), Ann (Japan 2023). Missing is the South America bag from Sao Paulo Brazil in 2002. What kind of bag will be chosen for 2027? Cynthia holds a Moiliili Hongwanji Bon Dance/Summer Fest 10th Anniversary bag. (Coming up on July 6, 2024).

Shared by Donna Higashi

# CAMPAIGNING FOR OUR TEMPLE'S RENOVATION-UPDATE 12

"Spreading the Joy of Gratitude, Peace, and Service to All"

# "Obon Season of Honoring our Forefathers"



During this Obon season, the Capital Campaign committee reflects on our forefathers who had a vision of perpetuity for the Moiliili Temple. It is this vision that we are committed to campaign for the renovations that are being planned to maintain the sustainability of our temple going forward for our future of gathering, listening, connecting and engaging in the teachings of the Jodo Shinshu beliefs.

With the continuous and generous support from members, families, friends and communities of the Moiliili Temple, we will move forward to sustain our temple for the members, families, friends and communities in the years ahead. It is with much gratefulness that we receive and accept your "dana" support, generously giving so freely for the temple's renovation to uphold the vision of the temple's perpetuity of its beacon to illuminate the Jodo Shinshu teachings.

The Capital Campaign Team, Nancy Shimamoto, Joanne Kealoha, Reverend D. Fujimoto, Rona Fukumoto, Robin Meade, Martha Samson, Emma Kie, and Iris Wasa Uehisa

# Renovating News

The Renovations Committee meeting with representatives of Ralph S. Inouye company discussed aspects of the renovations under their Design-Assist services as follows:

- 1. Makai Parking Lot: The survey revealed that the fencing surrounding the makai parking lot was not within the boundaries of our property, therefore it was accepted that new vinyl fencing would be installed within the temple's property boundaries. Shielded solar lighting and a manual rolling gate will also be installed. Slurry pavement treatment and re-striping will not be done.
- 2. Social Hall renovations: (a) Dedicated outlets will be added instead of converting/re-wiring the existing outlets. (b) An Acoustical Engineer will be consulted to help determine the floor, wall, window and ceiling treatments. (c) New partitions and additional fire alarm devices will be installed. (d) Makai doors will be either repaired or replaced.
- 3. Restrooms: Will be completely refurbished (new toilets, partitions, flooring, wainscot, lighting, sinks, etc.).
- 4. Kitchen: (a) Fan and ductwork will be installed to improve heat exhaust system. (b) Outside Air fan with filter and additional outlets for future window a/c units will be installed.
- 5. Family Restroom: To be designed and submitted for separate permit.
- 6. Common areas: (a) Permeable pavers to replace grass courtyard and grassed area behind Annex.
  - (b) Shade sails to be added above courtyard.
- 7. Annex 1st floor: (a) Dedicated outlets to be added and partition to be replaced.
  - (b) All doors will be either repaired or replaced.
- 8. Office Window leak: Remove window in order to reseal surrounding area and then re-install window.
- 9. Repair of retaining wall behind Annex: to be determined upon neighboring property's plans.

Renovations Committee Report – June 2024

### THE JOYS OF VOLUNTEERING

### White Way Radio broadcast on 6/15/24 by Nancy S.

When I retired 24 years ago as an EDUCATOR, I knew I wanted to remain active and connected socially, mentally, physically, and spiritually. Traveling to faraway destinations, having lunch and talking story with friends, walking regularly, attending church services, and becoming a volunteer were all on my list of THINGS TO DO. Today I can say that I have successfully checked off all these THINGS TO DO on my list. I continue to VOLUNTEER at Kuakini Medical Center every Tuesday morning.

Volunteering is about giving our time, energy, and skills selflessly, contributing towards making our community, and ultimately the world a better place. In Buddhism the first of the 6 Paramitas is DANA, which translates to "giving for the sake of others." The essence of this Paramita is our pure motivation of genuine concern for others. We do this selflessly, without counting the cost to ourselves, without a thought of receiving something back in return.

Did you know...as members of Moiliili Hongwanji or other temples or churches, we are all volunteers? Temples and churches depend almost entirely on volunteers to function. In fact, in case you didn't know, a church IS a volunteer organization.

Moiliili Hongwanji has many dedicated volunteers who come regularly or intermittently to do chores around the grounds and buildings to keep it clean and safe. The Hosha Groups come weekly to clean assigned areas of the temple. "Hosha" means a time to give back, and a way to express gratitude for the many benefits received. Ladies come in weekly to work on beautiful floral arrangements for the altar in the hondo and columbarium. Major events, such as our Moiliili Summer Fest need countless volunteers to help in numerous ways. Truly volunteers are the heartbeat and lifeblood of many organizations. To all the wonderful volunteers at Moiliili Hongwanji and other temples, many thanks for all you do to sustain your Nembutsu Home.

As many of you may know, Moilili Hongwanji is the HOME of Project Dana, an interfaith program in which volunteers provide support services for frail elderly, disabled persons, and family caregivers. They recruit and train volunteers to assist seniors with friendly home visits, and provide transportation for medical appointments, hospital visits, grocery shopping, and to Sunday services. They do minor home repairs and light housekeeping. They also provide much needed support and respite to family caregivers.

If you are interested in volunteering for Project Dana, please call the Project Dana office. We are so fortunate to live in the Aloha State where we "Live Aloha." At its core "Living Aloha" signifies a deep reverence for all life, recognizing the interconnectedness of all beings. This is just like our Buddhist teachings. Therefore, it was quite concerning to read the Star Advertiser on April 15, 2024, where an article BOLDLY stated, "NEEDS ARE HIGH IN THE STATE FOR PEOPLE TO DONATE THEIR TIME." Hawaii was ranked low for volunteerism...45<sup>th</sup> of 50 states. A quote in the article stated: "Our local culture is to take care of each other, but we need to practice aloha or we'll lose it."

The drop in volunteers has been attributed largely to the Covid-

19 Pandemic. The retirees who were volunteering Pre-Pandemic, no longer wanted to go out, became more frail during the 3-4 year interim, and had developed serious medical problems themselves. Some became full-time babysitters or caregivers for their loved ones, while others, unfortunately, passed on. Younger volunteers are difficult to recruit as many are too busy making ends meet, and have little or no time to volunteer.

Many non-profit organizations in our community depend largely on volunteers to carry out their mission. There is definitely a need for volunteers. If you are able, available, or recently retired, please consider making a difference.

For example, as a volunteer at the Information Desk for almost 20 years, I enjoy meeting and greeting those who enter through the doors of Kuakini Medical Center. It is rewarding to direct and escort patients, families, visitors, or guests to their destinations. Many feel disoriented and anxious in hospitals and are appreciative of the assistance I can offer. My job is to make them feel comfortable, cared for, and safe in the environment. As I talk and walk them up or down the hallways or outdoors, I am increasing the count of my "steps," which mighty be considered a side benefit of volunteering.

It is notable that at Kuakini Medical Center, volunteers are valued for our presence and service. The administration and staff highly regard us as part of their Team. They make it a point to stop and thank us, making us feel very special and important. Am I making a difference? Yes, absolutely. I am only one, but still I am one. I cannot do EVERYthing, but still I can do SOMEthing.

Here's a well-known story about making a difference entitled **THE TALE OF THE STARFISH.** One day a young girl was walking along a beach upon which thousands of starfish had been washed up during a terrible storm. When she came to each starfish, she would pick it up carefully, and throw it back into the ocean. People watched her with amusement.

She had been doing this for some time when a man approached her and said, "Little girl, why are you doing this? Look at the beach! You can't save all these starfish. You can't begin to make a difference!" The girl seemed crushed; somewhat deflated. But after a few moments, she bent down, picked up another starfish, and hurled it as far as she could into the ocean. Then she looked up at the man and replied: "WELL, I MADE A DIFFERENCE FOR THAT ONE!" The old man looked at the little girl inquisitively and thought about what she had done and said. Inspired, he joined the little girl in throwing starfish back into the sea. Soon others joined, and all the starfish were saved. THE END

The Starfish Story is a good reminder to all of us that yes, even the smallest thing can make a difference. And if I can touch just one person with a simple gesture, a smile, a kind word, then I must not let that opportunity pass by without doing something.

In closing, the experience of volunteering has brought me much joy, fulfillment, and a sense of purpose. I feel the infinite and boundless compassion and wisdom of Amida Buddha as I walk this pathway of service to others. Thank you...

Namo Amida Butsu.

# Open House & Bazaar October 6, 2024

Open House & Bazaar is coming soon on Sunday, October 6, 2024 from 9:00-1:00 pm at Moiliili Hongwanji Buddhist Temple.

# **Rummage Sale**

Donations of new, with tags or very slightly used clothes, toys, and books are requested. New or slightly used wallets, bags, backpacks, footwear, kitchenware, houseware, etc. are welcome. Cultural items will also be accepted. Kolohe Krafters have been busy sewing and making handmade items. If you are able to contribute or kokua, please contact the office.

### **Plant Sale**

Many plant lovers are busy propagating a variety of plants & vegetables. Plants may be dropped off Wed, Thurs, Fri before the bazaar. Drop off will be inside the gated area, close to the annex.

# **Baked Goods**

Baked goods (homemade or bought) are welcome. All items must be individually wrapped, priced, and have an ingredient label. If there are any questions or if help is needed, please contact the office.

Drop off of nonperishable baked goods will be on Saturday afternoon and Sunday after 7 am for perishable goods. In addition, mochi makers will be making mochi on Saturday from 9:00 am. If you are able to help, please sign up with the office.

# **Food Sale**

Food items are still pending and subject to change. One homemade food is always a popular item and sells out quickly, so be sure to come early.

## **Dharma School**

The Dharma School will be making Balloon Animals, play the Prize Wheel, and decorate notebooks. Families are invited to bring their children for some fun games.

# "Ask Us Questions"

In addition to the above, there will be an "Ask Us Questions" table. Rev. David Fujimoto, President Joanne Kealoha and Project Dana will be there to answer any questions.

There will be a butsudan, and temple leaders will be available with brochures. The general public is encouraged to talk story and ask any questions they may have. It's an informal opportunity to chat with the minister and leaders of the temple.

Members and the public are invited to attend Moiliili Hongwanji's Open House and Bazaar on October 6th. Parking is available in front of the temple and in the side lot or street parking. Please help spread the word.



# Bon Dance Donations



Shunji Adachi
Rosemary & Kevin Chong
James & Jennie Fujii
June Fujimoto
Ichiro & Jean Fukumoto
Mari Fukuya
Charlotte Hamai
Fumie Hamamura
Walter & Elaine Harada
Jeanette Hiranaga
Joy Ikeda
Karen Imai

Joy & Wayne Ishihara
Deane Kadokawa
Neil & Vicki Kajioka
Hatsue Kinoshita
Jimmy Kitazaki
Gordon Kitsuwa
Brian Kunimune
Juliet Lee
June Matsumoto
Patsy Matsuo
Michiko Motooka
Doris Muraoka

Lynn Nakata
Cheryl Oeda
Marsha Okada
Stephen & Charlene Okano
Yaeko Onuma
Alison & Kevin Richards
Ruby Saito
Thomas & Leatrice Sakamoto
Kenneth & Jean Sato
Linda Sesoko
Nancy Shimamoto
Carol Shiraki

Lillian Shiraki
Michael & Wendy Sorakubo
Gail Tajima
Linda Takai
Jean Uyetake
Warren Watanabe
Gary Watanabe
Tommie Yamamoto
Dale Yashiki
Jo-Ann Yokota
Patricia Yoseda

# **Temple Donations**

Shunji Adachi
Dennis Asato
Hideo & Doris Hamada
IMO Yuriko Yoda
Charlotte Hamai
IMO Jay Hamai
Fumie Hamamura
Keith Hamao
IMO Masuko Murata
Peggy Hamashige
Paul Igawa

Deane Kadokawa

IMO Thomas Jiro
& Tsurue Kaneshige
William &
Kathleen Kaneshige
Akira & Keiko Kawabata
IMO Glen Matsumoto
Joanne & Peter Kealoha
Hatsue Kinoshita
Germaine Kiyomoto-Isara
IMO Paul Kudo

Gilbert Miyasato
Moiliili Japanese Cemetery
Susan Morishige
IMO Toshi Morishige
David & Irene Nakamoto
Alan Nakasone
IMO Robert Nakata
Ann Nakata
IMO Kimiko Omoto
Thomas & Betsy Nishioka

IMO Masato Kanetani

Leighton &
Sharynne Sakamoto
Martha Samson
Linda Takai
Sharen Uyeunten
IMO Jay Hamai
Iris Wasa-Uehisa
IMO Satsuye Tanaka
Gary Watanabe

# **Gotan-e Donations**

Dorothy Colby
Mari Fukuya
Donna Higashi
Jeanette Hiranaga
Wallace & Nancy Hironaka
Joyce Hong
Joy Ikeda
Anne & Osamu Kawabata
Joanne & Peter Kealoha
Hatsue Kinoshita
Gordon Kitsuwa

Brian Kunimune
June Matsumoto
Evan Murakami
Karen Murakami
Wendy Nakanishi
Ann Nakata
Lynn Nakata
Thomas & Betsy Nishioka
Ethel Aiko Oda
Bert & Cynthia Ogasawara
Lois Ohta
Marsha Okada

Rev. Thomas & Michiko Okano Stephen & Charlene Okano Yaeko Onuma Ernest Oshiro & Kazuko Takamatsu

& Kazuko Takamatsu
Ruby Saito
Thomas
& Leatrice Sakamoto
Kenneth & Jean Sato
Kiyoko Sato
Linda Sesoko

Nancy Shimamoto
Jean Ayako Shintaku
Sumie Sonoda
Michael
& Wendy Sorakubo
Karen Sumida
Linda Takai
Howard Takaki
Iris Wasa-Uehisa
Katsumi
& Mayumi Yamamoto
Jo-Ann Yokota

# **CALENDAR OF EVENTS**

(Contact the office for Zoom link)

# **July 2024**

- 7 9:00 AM Bon Dance clean up Service cxd
- **14 9:00 AM** Obon & Remembrance service Rev. Blayne Higa
- 21 9:00 AM Sunday Service
- 28 9:00 AM Sunday Service Lay speaker August 2024
  - 4 9:00 AM Joint Service & Picnic w/WBT
- 11 9:00 AM Remembrance Service
- 18 9:00 AM Sunday Service
- 9:00 AM Sunday Service Lay speaker
  September 2024
  - 1 9:00 AM Remembrance Service
- 8 9:00 AM Triple Celebration Service cxd
- 15 9:00 AM Autumn Ohigan Service
- 22 9:00 AM Sunday Service
- 29 9:00 AM Sunday Service Lay speaker



Moiliili Hongwanji Mission extends its deepest sympathy and condolences to the family of:

| Mabel Haruko Saruwatari   | 96 | 12/29/2023 |
|---------------------------|----|------------|
| Jeanette Tsuyako Mimuro*  | 93 | 1/19/2024  |
| Dale Satomi Higa          | 75 | 1/24/2024  |
| Charlene Yukie Yoneda     | 95 | 1/29/2024  |
| Ellen Tameko Inouye*      | 89 | 2/18/2024  |
| Walter Takayuki Inouye*   | 93 | 3/3/2024   |
| George Kiyoto Nakagawa    | 79 | 3/8/2024   |
| Kay Kawaguchi             | 85 | 3/21/2024  |
| Satsuye Tanaka*           | 95 | 5/4/2024   |
| Hideko Kumagai*           | 97 | 5/7/2024   |
| Robert Tadashi Kinoshita* | 95 | 5/9/2024   |
| Yuriko Matsui*            | 92 | 5/15/2024  |

May the Onembutsu provide solace to family members during this time of sorrow.

(\* Indicates Temple Sustaining Gojikai Member)

# WHITE WAY RADIO

Join us on Saturdays for White Way Radio on KZOO1210 at 7:45 a.m. for inspiring messages from a variety of speakers. We are truly grateful for our White Way sponsors who make it possible to share the Dharma on the air every week. If you missed it go to www.moiliilihongwanji.org, Buddhist Teachings.

# **July 2024**

- 6 Mr. Pieper Toyama/ Matsumoto Family
- 13 Dr. Dexter Mar/ Mr. Alan Yokota
- 20 Mr. Josh Hernandez Morse/ Mrs. Jo DesMarets
- 27 Rev. Kojun Hashimoto/ Horii Family

# August 2024

- 3 Rev. Jeffrey Soga/ Yoshimura Family
- 10 Dr. Benjamin Bruch/ Mrs. Michie Hamao
- 17 Rev. Shingo Furusawa/ Mrs. Jo DesMarets
- 24 Rev. Barbara Brennan/ Morikubo Family
- 31 Rev. Blayne Nakasone Sakata/ Mr. Alan Yokota

# September 2024

- 7 Rev. Shawn Yagi/ Hirai Family
- 14 Ms. Rene Mansho/ Mr. Reese Morikubo
- 21 Rev. Mieko Majima/ Kanazawa Family
- 28 Rev. Tomo Hojo/ Miyasaki Family

# **Nokotsudo Donations**

William & Kathleen Kaneshige

IMO Thomas Jiro & Tsurue Kaneshige Ronald & Nora Nagatani

IMO Kiyoko & Haruo Nagatani Hideko Okimoto

IMO Yoshie Okimoto

# **Capital Campaign Donations**

James Hatashima Wallace & Nancy Hironaka William & Kathleen Kaneshige

IMO Thomas Jiro & Tsurue Kaneshige
Amy Matsuda
Bert & Cynthia Ogasawara
Kiyoko Sato
Sharon Seki

# White Way Donations

BWA
Arnold Matsuura
Michael &
Wendy Sorakubo
Joy Yoshimura

# **Obon Donations**

Arthur & Rene Kimura

# Spring Ohigan Donations

Ethel Aiko Oda Ruby Saito





Dr. Kevin Kawamoto, seminar speaker





Gotan-e Karuta



Kaleo Samson Leo with Sage, our May Lay speaker



# WHO IS MOST VULNERABLE TO HEAT-RELATED ILLNESS?

We are all vulnerable to heatrelated illness, but some people are at higher risk than others.



Kūpuna



People with disabilities



People with preexisting conditions



Outdoor workers and farmers



Keiki



Pregnant people



Houseless people



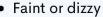
Overweight and obese people



People who are new to this weather

# SIGNS OF HEAT ILLNESS AND WHAT TO DO

# **Heat Exhaustion**



- Nausea
- Weakness
- Muscle cramps
- Cold, clammy skin
- Excessive sweating

# What do I do?

Move to cool area, sip water, loosen clothing, and seek medical attention if symptoms persist.

# **Heat Stroke**

- Confusion
- Dizziness
- Unconsciousness
- Severe headache
- Hot, dry skin
- Stopped sweating

# What do I do?

Call 911, loosen clothing, move to a cool area, sip water if able, and cool skin with water and ice packs.

# **HOW TO AVOID HEAT ILLNESS**



Keep cool with fans or A/C spaces and in shade



Check on neighbors at high risk of heat-related illness



Wear a hat outdoors or take an umbrella



Drink plenty of water



Wear lightweight, loose-fitting clothing



Stay out of the sun













Jr. YBA Breakfast Fundraiser



Makawao Hongwanji Dharma School trip with our Hongwanji for Maui Tshirts